



# Embracing natural balance

Weight management is no longer just about losing weight, it has evolved into a holistic approach that prioritizes diet rebalancing and overall well-being.

At Tereos, we develop ingredients that naturally align with consumer expectations for this new, health-conscious lifestyle.

# Weight management

a multi-faceted  
consumers  
& market



## A wide range of consumer profiles

### SLIMMING & WELLNESS GOALS

As part of an overall wellness routine, weight loss remains a key objective, particularly for health reasons.

### HEALTH FOCUSED APPROACH

Another important aspect is the role of health and nutrition plans, focused notably at diabetes prevention. The World Health Organization estimates that by 2045, one in ten people in Europe will have diabetes.

### FITNESS & BEAUTY ASPIRATIONS

Fitness enthusiasts are often driven by beauty and aesthetic goals, influenced by the ongoing body-conscious culture.

For ingredients,  
3 challenges to  
meet market  
and consumer  
expectations

OPTIMAL  
TASTE &  
TEXTURE

NATURAL  
& CLEAN  
LABELLING

PROVEN  
EFFICACY &  
CLAIMS

## A versatile market

The weight management market is dynamic and growing fast. There is therefore a wide range of solutions rising to answer new consumers' concern

### WEIGHT LOSS AIDS

with meal replacements, dietary supplements and medical devices

### READY-TO-EAT MEALS & DIETS

high-protein, low-carb, keto, fodmap-free, etc.

### MEDICAL SOLUTIONS SUPERVISED BY HEALTHCARE PROFESSIONALS

drugs (anti-lipase, GLP-1, etc.) and bariatric surgery.

# 2.2 bn€

the weight management market,  
dominated by meal replacements  
& dietary supplements

(Western Europe, 2023)\*

\* Euromonitor, Passport WEIGHT MANAGEMENT AND WELLBEING IN WESTERN EUROPE –DATAGRAPHIC, Dec 2023

# Two ingredients perfectly suited to a wide range of applications

## Meal replacement

*powder shake, bars...*

## Low calory products

*bakery, dairy, savory...*

## Food supplements

# actilight®



A short chain FOS (fructooligosaccharide) dedicated to high-end applications like food supplements and functional food. This ultimate health ingredient contributes to the achievement of sugar reduction while bringing fibers and providing health & technical benefits.



Sucrose →



→ Short-chain FOS

## +100 scientific studies demonstrating Actilight® health benefits

- On glucose metabolism with limited blood glucose increase
- On weight management

**NATURAL ORIGINS:** synthesized from beet sugar, cultivated and processed in France

**CLEAN, SWEET TASTE,** that masks off-flavors and enhances fruit flavors

**VERY SIMILAR VISCOSITY & DENSITY TO SUCROSE:** provides texture and improves mouthfeel sensation

# Amygluten®

Our native wheat proteins. Providing quality protein-rich solutions to the sportiest consumers: that's the promise of the must-have ingredient in our range.

## Nutritious protein

- High protein content (77%)
- High digestibility (between 85% and 95% for true ileal digestibility)

## Functional protein

- Visco-elastic properties: strong protein network, optimal cohesion and chewiness.
- Crunchy and well-structured high protein baked goods

# Why choose Tereos

## Reformulation services

At Tereos, we support and collaborate with our customers to meet market demands by reformulating and adapting their product recipes for improved and healthier front-of-pack labelling, in addition to analytical testing, technical training and consulting services.



## Low-carbon ingredients

In addition, we are leaders in sustainability within the sector by implementing regenerative agriculture practices and low carbon emission initiatives.

Our aim is to achieve Net-Zero no later than 2050, while helping our customers meet their sustainability goals.



**Tereos**

Day by day,  
cultivating the future.