



SPORTS NUTRITION & HEALTHY SNACKING

INCREASE PERFORMANCE WITH EXTRA ENERGY

Health is crucial and we all do our best to preserve it

Practising sports or eating healthily is part of the large range of possibilities that exist to achieve your journey’s objectives. Occasionally, or at a professional level, sports nutrition solutions help increase performance by providing some of the extra energy needed.

Successful sports nutrition begins with the right ingredients

Discover Tereos’ expertise in formulation, combined with our large ingredients portfolio that includes **Actilight® short-chain fructo-oligosaccharides (ScFOS)** and **Maldex 06S soluble starch**, to develop healthy and great tasting products.



- Short-chain Fructo-oligosaccharides obtained from sucrose
- Soluble fibre with proven prebiotic effect
- Restore gut microbiota composition
- High digestive tolerance
- Sweet taste, low in calories

MALDEX 06S

- Starch-based powder ingredient
- Unique stability in liquid solution
- High glycaemic index (brings energy during effort)
- Neutral taste, suitable for fat, sugar and calorie reduction

+46%

average annual growth in sports nutrition launches with a plant-based claim

Source: Innova - Global CAGR 2017-2021

30%

of European consumers are concerned about “after taste” FMCG Gurus 2021

Source: FMCG Gurus 2021

“Source of fibre” or “high fibre” is the

5th

most popular claim in sports & snacks bar in Europe, while “digestive/gut health” is growing in popularity

Source: Innova 2022

ENERGY BOOST

GREAT TASTE

HEALTHY

PLANT-BASED SOLUTIONS



Contact us at contact@tereos.com