

# Healthy crunchy bar

HIGH  
PROTEIN

HIGH  
FIBRE

NUTRI-SCORE



Perfect for on-the-go, this crunchy bar is a must-have healthy snack! With Actilight® fibre, Amygluten® protein, and Mylose® glucose syrup, it's easy to make a high-fibre, high-protein bar.

## INGREDIENTS LIST\*

Cereals<sup>1</sup> | glucose syrups **Glucomalt® 760** and **Mylose® 351** | **hazelnuts** | humectant: sorbitol syrup **Meritol® 160** | soluble fibre obtained from beet **Actilight® 950P** | vital **wheat gluten Amygluten®** | sunflower oil | natural flavor | emulsifier<sup>2</sup>.

## NUTRITIONAL VALUES (per 100 g of product / per serving: 17 g)

<b>Energy</b>	1,683 kJ / 401 kcal	287 kJ / 68 kcal
<b>Fat</b>	11.9 g	2.0 g
of which saturates	1.0 g	0.2 g
<b>Carbohydrate</b>	63.6 g	10.8 g
of which sugars	13.9 g	2.4 g
of which polyols	9.4 g	1.6 g
<b>Fibre</b>	8.0 g	1.4 g
<b>Protein</b>	9.7 g	1.6 g
<b>Salt</b>	0.38 g	0.06 g

1 - whole **oat** flakes, whole **wheat** flakes, whole **rye** flakes, whole **barley** flakes, rice flakes, rice flour, **wheat** flour, **wheat** malt, **wheat** gluten, dextrose, salt.  
2 - **soy** lecithin.

\* May contain: cereals containing gluten, fish, eggs, crustaceans, peanuts, soy, milk, celery, mustards, sesame seeds, sulphites, lupin, molluscs and nuts.