



Gut health & comfort

At Tereos, we believe that a well-functioning body starts with optimal nutrient absorption and efficient waste elimination. That's why we created Actilight® – the smart ingredient designed to support your customers in their pursuit of digestive wellness. A simple way to feel good from the inside out! With its clean, sweet taste, it is the perfect solution for nutritional improvement without compromising enjoyment!



actilight®

Global digestive comfort

a booming market at the heart of consumer concerns*



One of the top trends 2025

- Digestive health is the main aspect of physical health for which consumers buy functional foods and beverages, with year-on-year growth of 8% for products with digestive health claims.
- Gut health claims on snacks grew by 24% in 2023.

Microbiote, but not only

How consumer interest translates (according to Google Trends, between 2015 and 2025) :

X10

the number of online searches for "Gut health"

X2.5

the number of online searches for "intestinal microbiota"

Clean ingredients

Above all, consumers are looking for natural, effective solutions (prebiotics, probiotics, postbiotics) to improve digestive well-being.

In this context, Actilight® meets market expectations.

Far-reaching effects

- Growing awareness of the link between gut microbiota and overall health and well-being.
- It is increasingly recognized that a healthy gut positively impacts immunity, energy and mood.
- The concept of the gut-brain axis is becoming increasingly popular, highlighting the impact of the microbiota on cognitive health.

Personalized microbiota

- Microbiote is no longer a taboo subject: from every angle, it is increasingly targeted.
- A search for specific solutions: people who are stressed, immunodeficient or suffering from metabolic disorders.
- Personalization even goes as far as microbiota analysis to offer specific solutions.



* Food ingredients first, Innova Market Insights' Top Ten Trends 2025: "Ingredients and Beyond", 11.2024



Synthesized from beet sugar, grown and processed in France

A short-chain FOS (fructooligosaccharides, polymers of glucose and fructose) for a complete range of applications (from bakery to yogurts & meat). Actilight® can be incorporated in your products to improve its nutritional profile and answer customers' need in their daily life.

This high-quality prebiotic fiber positively balances the intestinal microbiota by stimulating the growth of beneficial bacteria.

Also has a beneficial effect on improving bowel function and gastro-intestinal comfort, supporting the immune system, promoting glycemic control and regulating lipid metabolism.



Proven health benefits

100 clinical or scientific studies demonstrate the health benefits of Actilight®. Some of them show positive effects at low doses, starting from 2.5g/day - the equivalent of one fiber-enriched yogurt containing Actilight®. Good digestive tolerance up to 40 g/d in healthy adults.

Tereos goes beyond expectations

- Ingredient from natural origin issued from French agriculture.
- Actilight® FOS are prebiotics – stable in ambient conditions, compressible, easy to use, high product purity and guaranteed composition.
- Nutritional and health benefits are backed by scientific studies.
- We develop symbiotic formulations by combining FOS with probiotics or postbiotics. Do not hesitate to contact us to get hint on how to take the best out of your products!



Why choose Tereos

Reformulation services

At Tereos, we support and collaborate with our customers to meet market demands by reformulating and adapting their product recipes for improved and healthier front-of-pack labelling, in addition to analytical testing, technical training and consulting services.



Low-carbon ingredients

In addition, we are leaders in sustainability within the sector by implementing regenerative agriculture practices and low carbon emission initiatives.

Our aim is to achieve Net-Zero no later than 2050, while helping our customers meet their sustainability goals.



Tereos

Day by day,
cultivating the future.

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